

PHOTO BY DENNY WENDELL

This winter has been wearisome, but also beautiful. An overnight snowfall in early February coated the landscape with big, sticky flakes, creating a picture-perfect scene along Sperry Creek in Clague Park. For more snowy scenes, visit [wbvobserver.com/photoblogs](http://wbvobserver.com/photoblogs).


## BAYarts announces scholarship for graduating seniors

by PIXIE EMERSON

The Ruth Purdy-Leslie Scholarship Fund at BAYarts was created in memory of the beloved Bay Village schools art teacher by her friends and family. Since 2011, the fund has made it possible for students in kindergarten through grade 12 to attend BAYarts classes. The awards are need-based and can be requested at BAYarts.

In 2013, with the blessing of the Purdy family, a scholarship was awarded to a graduating senior from Bay High School that was pursuing a career in art. Now, because BAYarts' reach extends beyond Bay Village, the fund will be available to graduating seniors from any school district pursuing a career in visual arts: art education, fine art, art therapy and so on. Unlike other applications, this award is not merit or need based.

"Being in the art world is a way of life," says Nancy Heaton, BAYarts' executive director. "In our application, we want to get to know the artist and why art matters to them."

Recipients of three \$500 awards will be determined by members of the Purdy family. Applications are available at [bayarts.net/classes.aspx](http://bayarts.net/classes.aspx) via email at [info@bayarts.net](mailto:info@bayarts.net), or stopping in to BAYarts at 28795 Lake Road. The deadline is March 15, awards will be announced April 15. 




## Westlake community garden seeks volunteer coordinator

by MADELINE CRANDALL

St. John Medical Center and the City of Westlake are working together to develop a community garden. The garden will be located on the property of St. John Medical Center.

We are currently looking for a garden enthusiast who could take on the role of Volunteer Manager/Coordinator. This individual will be working with various organizations and a current group of volunteers to assist with the planning, development and sustainability of the garden.

For further information please call 440-899-3544 or email [mcrandall@cityofwestlake.org](mailto:mcrandall@cityofwestlake.org). 

## Westshore fire departments, Cleveland Clinic launch lifesaving app

The Westlake and Bay Village fire departments are among five Westshore entities and the city of Cleveland joining with the Cleveland Clinic to launch the PulsePoint CPR/AED smartphone app to help improve sudden cardiac arrest (SCA) survival rates.

The PulsePoint app helps improve community response to SCA victims by notifying and enabling citizen bystanders that life-saving cardiopulmonary resuscitation (CPR) is needed and where someone can access a nearby automated external defibrillator (AED).

The PulsePoint software has been integrated with the computer aided dispatch systems in the cities of Cleveland, Bay Village, Westlake, Rocky River, Fairview Park and North Ridgeville. Upon receiving a call regarding a suspected sudden cardiac arrest victim, the 911/

emergency communication center activates an alert to PulsePoint app users simultaneously with the dispatch of local emergency medical services (EMS).

Using a smartphone's geolocation service, the app directs citizen responders within close proximity, to the victim's location and the nearest public access AED. The alert will only notify app users when an emergency is taking place in a public setting.

Sudden cardiac arrest is a leading cause of death in the United States, accounting for an estimated 1,000 deaths per day. When SCA occurs, the heart stops beating in an effective, organized manner. As a result, blood is no longer pumped throughout the body. The person suddenly passes out and appears lifeless, except for abnormal gasping which may last several minutes.

» See APP page 2

## History lesson brought to life at Normandy

by JULIE HOLLAND

Normandy Elementary School in Bay Village was buzzing with excitement as our school celebrated Presidents Day with a special program on Feb. 13, arranged by Normandy's History Committee and Principal Dan Sebring.

A troupe of "living historians" from Northeast Ohio visited us to bring to life the presidents and first ladies that the students have been studying since Feb. 3. Our local American Legion led the Pledge of Allegiance and national anthem and then Presidents George Washington, Abraham Lincoln, Ulysses S. Grant, James Garfield and William Taft, and first ladies Mary Todd Lincoln, Lucretia Garfield and Eleanor Roosevelt were introduced on stage and entertained by students.

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PHOTO BY JULIE HOLLAND

President Abraham Lincoln, portrayed by John W. King from Ashtabula, finds his likeness on the rug in Normandy's library.



## APP

from front page

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Failure to act and doing nothing in a cardiac emergency can lead to unnecessary deaths.

"The seconds and minutes following a sudden cardiac arrest are critical to saving a person's life," said Bay Village Fire Chief Christopher Lyons. "The PulsePoint app will allow citizens to partner with their local fire departments in providing immediate assistance to those in such need. We very much appreciate that the Cleveland Clinic has partnered with the Westshore fire departments to bring this technology and its potential lifesaving assistance to the communities we serve. We hope that everyone with CPR training will download this app immediately.

We also hope that people will consider signing up for a CPR class if they are not yet trained."

The free PulsePoint app is available to the public for Apple iOS and Google Android devices from the Apple App Store and Google Play.

After downloading, select "Cleveland EMS" and "WestShore Fire Departments" as the agencies to follow. There is also a "CPR How-To" section on the app that offers instructions on performing CPR for those not certified. ●

# 'This is an epidemic': County common pleas judge to hold heroin forum in Bay

by MICHAEL COOK

Cuyahoga County Common Pleas Judge Michael Astrab has seen too many heroin cases in his courtroom. "Make no mistake, it's an epidemic," Astrab said. "I can do what I can as a judge from the bench, but by the time a user gets to my courtroom, it's often too late. As a community, we need to do more to prevent people from using heroin in the first place."

Throughout this school year, Astrab is hosting a series of "Heroin in the Suburbs" forums. A town hall for Bay Village and surrounding communities will take place on Thursday, Feb. 20, at 7 p.m. at the Bay Village Branch Library, 502 Cahoon Road.

Astrab's goal is to help raise awareness of the heroin epidemic, and inform parents how to keep their families safe.

"This is an epidemic," Astrab said. "For anyone to suggest otherwise is naive."

According to the medical examiner, heroin killed approximately 200 people in Cuyahoga County in 2013. The majority of those deaths were in the suburbs. Heroin took more lives in 2013 than homicides or car accidents.

Scheduled expert panelists for the town hall forum include defense attorney Jim Jenkins, Dr. Joan Papp from Project DAWN, Robert Brandt from "Robby's Voice," Cuyahoga County Opiate Task Force chair Vince Caraffi, and Dr. Stephen Sroka.

"Everyone involved in these forums has



PHOTO COURTESY CUYAHOGA COUNTY COMMON PLEAS COURT

Judge Michael Astrab, who will host a series about heroin Feb. 20 in Bay Village, holds up a bottle of prescription pain medicine at a recent City Club forum. The over-prescribing of pain killers often leads to addiction, which too often leads an addict to heroin.

one goal – prevent at least one person from being hurt by heroin," Astrab said. "If we can do that, this effort will absolutely be worth it."

All Bay Village residents – especially parents and students – are encouraged to attend.

Astrab has held previous forums in Solon, Westlake, Broadview Heights, Parma, Strongsville and the City Club of Cleveland. Future forums will take place in Beachwood, North Olmsted, Mayfield, Independence, Garfield Heights, St. Edward High School, Maple Heights and Brooklyn.

At a recent forum, Dr. Sroka said everyone has the power to make a difference. "Denial is huge. You can't say 'It's not in my community' anymore. You should be prepared. There's not a person here this can't happen to."

For more information, follow Judge Astrab on Twitter @judgeastrab. To RSVP to attend the forum on Facebook, search for "Bay Village: Heroin in the Suburbs." ●

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The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the Westlake | Bay Village Observer staff.

**Observer Guidelines**

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives or works in Westlake or Bay Village is encouraged to contribute.
- Aim for 300-500 word articles.
- Photos should be jpegs & a minimum of 2 megabytes in size.
- Submit original stories and photos. Don't copy others' work and remember to credit your sources.
- Review our Observer FAQs on our website at: [wbvobserver.com](http://wbvobserver.com)
- Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process. Staff contact information is listed below.

To join in, sign up through the Member Center at [wbvobserver.com/members](http://wbvobserver.com/members) to submit your stories, photos and events. All content should be submitted through the Member Center, not by email.

Letters to the editor (max. 300 words) may be sent to [tara@wbvobserver.com](mailto:tara@wbvobserver.com). Please include full contact information.

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## Annual benefit for Westside shelter set for March 9

by JOAN WITKOWSKI

The 26th annual benefit for the West Side Catholic Center will be held on Sunday, March 9, at La Centre in Westlake. Shopping at the event's boutique begins at 11 a.m., followed by a luncheon.

The boutique fills many rooms with jewelry, bead items, theme baskets, linens and a large selection of fresh homemade breads, bakery, garden arrangements, chocolate and pantry items, all made and donated by members of the Friends of the

West Side Catholic Center. There will also be a silent auction and Wheelbarrow of Wine raffle. Fresh pierogies are a specialty and are made by the Friends the day before the event.

All proceeds from the event go directly to the shelter at the West Side Catholic Center, a protective setting where women who have experienced domestic violence or homelessness are taught skills which will enable them to become independent. Last year's event raised \$52,000 for the shelter.

Tickets start at \$45 per person. For more information and reservations, please call 440-871-6681. ●

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## HISTORY *from front page*

A selection of songs and dance from times past in our nation's history were led by music teacher Nicole Barrick. Our guests then met with smaller groups "up close" in their classrooms, telling stories and answering questions. With the guidance of the Normandy History Committee, a giant

timeline had been prepared by all the classes and displayed around the walls of the all-purpose room, leading up to the big day.

Thanks to those teachers who helped plan the event, the Bay Village Education Foundation for supporting it, and especially to our guests who were fantastic and made learning about our country's history a day the kids will always remember. ●



PHOTOS BY JULIE HOLLAND

Normandy Principal Dan Sebring, far right, welcomed a host of former presidents and first ladies. Pictured, from left: Presidents William Taft, George Washington, James Garfield, Ulysses S. Grant and Abe Lincoln; and first ladies Lucretia Garfield, Eleanor Roosevelt and Mary Todd Lincoln.

Actors portraying Lucretia Garfield and president James Garfield listen as Normandy music teacher Mrs. Nicole Barrick leads students in "Oh, Susannah," complete with xylophone, washboard and harmonica, as part of the school's Presidents Day event.

Do *you* have a good news story? Become an Observer and share it with the Westlake/Bay community at: [wbvobserver.com/members](http://wbvobserver.com/members)

## Clague House and Playhouse replicas now available



New wood replicas of the Clague House, top, and Clague Playhouse are available for a donation of \$20.

by LYSA STANTON

Last October, the Westlake Historical Society was proud to unveil a new Ohio Historical marker on the grounds of the Clague House Museum.

To commemorate this event, we have introduced a new Cat's Meow wood replica of the Clague House with the marker shown. On the back is a close-up view of the Ohio Historical Marker text.

The new piece is the third in our "Historical Series," which includes the original Clague House model and the old Red Brick School. Another Cat's Meow

wood model now available is of the Clague Playhouse. Like the Clague House replica, there is a limited quantity available.

For a Clague House model, please email us at [westlakehistory@yahoo.com](mailto:westlakehistory@yahoo.com). You may also call the Westlake Historical Society at 440-808-1961.

To obtain a copy of the Cat's Meow model of the Clague Playhouse (formerly the Clague barn), please call the box office at 440-331-0403.

The donation for either of these beautiful new Cat's Meow models is just \$20 each. Reserve yours today. ●

## Bay Ed Foundation event breaks last year's fundraising record

by BEV WALBORN AND MEREDITH PREWITT

The Bay Village Education Foundation hosts one of the most-anticipated fundraisers of the year, an evening of food, drinks and fun to chase away the January chill. As always, this year's ninth rendition of the BVEF "Creating Opportunities" event on Sunday, Jan. 26, was a huge success!

The sold-out event topped last year's record-breaking tally by raising more than \$21,000 to go towards funding the many wonderful grants requested from the teachers in the Bay Village Schools to enhance student learning opportunities in their classrooms.

The event featured more than 30 unique silent auction items, including hot air balloon rides, a one-week stay at a resort in Virginia, lunch with a school administrator, a sunset

boat ride on Lake Erie and even the use of a billboard for a month! Other numerous local businesses and companies from surrounding communities also generously offered up donations of goods and services as well.

There were plenty of raffles to take a chance with including the Rocket Raffle and the notorious "Wheelbarrow for Education," which was won by Clete and Becky Miller. The guests enjoyed delicious Italian-style food from Arrabiata's Restaurant, exciting drink options from the bar, as well as sumptuous desserts donated by Stacey Nye and Oma's Homestyle Catering.

The BVEF thanks all the incredibly generous sponsors, donors and attendees that help to continue to make this one of Bay Village's favorite fundraising events in the community that supports the amazing teachers and students of the Bay Village Schools. ●



Trustees of the Bay Village Education Foundation gather before their annual fundraising event Jan. 26.

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# Helping homeless families have a birthday

by JAMES CHILTON, ANNIE DAVENPORT, JAMES FOWLES, PATRICK LEHANE, FINN MEADOWS, MAEVE RANSOM AND IAIN RAY (third-grade Destination Team from Westerly Elementary)

Everyone has a birthday, but some people don't get to celebrate it. Have you ever taken the time to think about that? Our third-grade Destination Imagination team was shocked that some kids don't get to celebrate their birthdays and we decided we wanted to help everyone have a birthday party as our DI community service project.

We contacted the Cleveland Family Promise Organization that works with homeless families. They are based at the Pilgrim Congregational Church in Tremont. They agreed to let us provide birthday parties at their daytime shelter once a month.

The first birthday party we celebrated a three-year old boy's birthday and his mom's birthday. We were surprised because he didn't know how to open up the presents we gave him. We were sad that the mom couldn't be there because her car broke down.

The next party we had was a caroling party with the families who are homeless and our friends and

families. The last party we had was a winter wonderland party because there were no birthdays in January.

Our parents told us they couldn't keep paying for our parties so we decided to have a fundraiser. We met with our principal, Ms. Sanfilippo, and she said we could do a fundraiser. We decided to do a fundraiser where you buy a strip of duct tape for \$1 and you get to stick teachers to the wall. Our music, physical education and art teachers volunteered to be taped to the wall and our principal did too. We asked Duck Tape in Avon to donate the tape, and they did.

The event was great! The whole school came into the cafeteria to watch as we removed the chairs the teachers and principal had been standing on and saw that they really were stuck to the wall! Kids started clapping and yelling. It was awesome! Mrs. Derby-Lovell from Bay Schools came and put a cool PowerPoint story on Westerly's website.

The best part was we raised a

ton of money! We raised \$421 for our monthly birthday parties and we can afford to keep doing the parties until our money runs out.

We have a lot of people to thank: the students at Westerly for helping us raise all that money – that was amazing! Ms. Sanfilippo, Mrs. Engelbrecht, Mrs. Sanson and Mr. Topolski for agreeing to be duct-taped to the wall, and Mr. Glasmire for helping us set up and clean up! Mrs. Harmount for helping our DI team! Duck Tape in Avon for donating the tape! Finally, thank you to our homeroom teachers and all of Westerly's teachers for supporting our cause. Westerly is the best school ever. ●



PHOTOS BY ROBIN CHILTON

Principal Josie Sanfilippo gets ready to have the support chairs taken away.



Mrs. Marian Harmount, the district's Destination Imagination teacher, applauds the Westerly students' duct-taping prowess in the "Stuck for a Buck" community service project fundraiser.

## Winter Tips for Warding Off Hip and Knee Pain

Jesse Templeton, MD

Winter's cold and damp weather seems to trigger hip and knee pain for many of the 46 million Americans suffering from arthritis. According to a recent poll, about 42 percent of participants blamed chilly temperatures for their hip and knee pain. However, scientific studies are conflicting. Some show a strong relationship between short, cold damp days and arthritis flare-ups, while others find little or no link between weather and joint pain.

Can weather really make joints ache?

"Research suggests changes in barometric pressure that come with changing weather may worsen knee pain in people with arthritis," says Jesse Templeton, MD, orthopaedic surgeon at Fairview and Lakewood hospitals.

As weather changes, the small air cavities in joints can actually have a lower pressure than the barometric pressure outside. If the body doesn't have adequate time to adjust, these small spaces will be exposed to a severe pressure difference that will cause pain in the surrounding tissue. In addition, colder temperatures can cause painful changes in joint fluid thickness, especially for arthritis sufferers.

**"The key is to stay active," says Dr. Templeton. "Movement helps keep the joints lubricated and results in less pain."**

"Cold weather doubles stress on joints if they are not warmed up properly," says Dr. Templeton. "Synovial fluid at our body's joints provides a slippery surface so that bone ends don't rub together and cartilage doesn't wear away. As we age, the body needs to be stimulated by movement to produce lubrication."

Unfortunately, many of us become less active when the weather turns cold. As a result, our body isn't triggered to produce the fluid needed to adequately lubricate our joints.

"The key is to stay active," says Dr. Templeton. "Movement helps keep the joints lubricated and results in less pain."

Choose low-impact exercises that are easy on the joints, such as walking, yoga or tai chi. Lifting weights can also build joint-supporting muscles. Spend 10 minutes warming up your joints by stretching your body, from your fingers and toes to your wrists and ankles.

Here are additional tips to ward off pain when the cold weather hits:

- Consider water exercise. Swimming will get your joints moving with less stress.
- Eat a healthy diet. Salmon, nuts and other foods rich in omega-3 fatty acids will help curb inflammation. Foods containing vitamin K, such as spinach, kale and cabbage, have pain-soothing properties. And foods with vitamin C, such as oranges, red pepper and tomatoes, can halt cartilage loss and pain.
- Avoid foods high in omega-6 fatty acids, such as corn oil, as they may trigger inflammation.
- Keep warm. Dress in layers. Keep the house warm. Use an electric blanket. Remind yourself that spring is just around the corner.

"See your doctor if you are experiencing increased hip and knee pain with the cold weather," says Dr. Templeton. "He or she may have some other suggestions, such as increasing your pain medicine, specific to your situation."

**For more information or to schedule an appointment with Dr. Templeton or any of our orthopaedic physicians at Fairview Hospital or Lakewood Hospital, please call 866.733.6363.**

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## 8 WHS seniors named National Merit Finalists



Eight Westlake High School seniors were named 2014 National Merit Finalists in the National Merit Program. Pictured from left, Deepak Kumar, Apshara Ravichandran, Krish Shah, Sameena Khan, Jacob Wise, Paavani Reddy, Ethan Fitz and Michelle Adamczyk are among the 15,000 students nationwide named National Merit Finalists, based on their PSAT scores taken in their junior year.

## Village Foundation accepting scholarship applications

by EILEEN VERNON

The Village Foundation, the community foundation of Bay Village, will accept applications for scholarships from high school seniors living in Bay Village on or before March 14. The application is available online at [www.thevillagefdn.org](http://www.thevillagefdn.org). Completed forms should be submitted through the student's high school guidance office where it will be submitted by number anonymously to The Village Foundation.

The scholarship committee, chaired by Richard Veres, gives considerable weight to student essays that focus on the needs and

the future needs of Bay Village. The committee also considers student volunteer service projects and his or her academic record.

The Village Foundation exists to provide support for projects and programs fostering Bay Village's historical, cultural, social and educational heritage. Through The Village Foundation, its citizens and businesses are encouraged to perpetuate the traditions that make Bay Village a special place to live and work. For information about estate gifting, bronze memorial plaques, grants and scholarships, or to request forms, ask questions or make comments, email: [villagefdninfo@att.net](mailto:villagefdninfo@att.net). ●

## February is American Heart Month

by DONNA D'AMICO

In 1964, President Johnson proclaimed February as American Heart Month. Congress responded by requesting that the president issue an annual proclamation each February to continue this recognition – thus February will forever be recognized as Heart Month.

Advancements in medicine have resulted in improved diagnosis and treatment of heart disease. Still, 50 years later, heart disease remains the No. 1 killer of American men and women, responsible for one out of every four deaths in the United States.

Those who are at the greatest risk for heart disease are those with high cholesterol, high blood pressure and those who smoke. Other risk factors include diabetes, obesity, poor diet, physical inactivity and excessive use of alcohol. Adopting and maintaining a healthy lifestyle can improve heart health and reduce the chance of a heart attack.

Here are few reminders for living a heart-healthy life:

- Maintain a healthy weight and eat plenty of fruits and vegetables.
- Limit saturated and trans fats to no more than 10 percent of your daily calories.
- Chocolate is good! Flavonoids are in chocolate, red wine and coffee, which can actually lower blood pressure and

improve blood flow. Don't go overboard, though – a one-ounce portion of dark chocolate is best.

- Eating at home, instead of dining out, lets you control how your food is prepared.

- Limit salt intake to 1,500 milligrams per day.
- Have a goal of 150 minutes of aerobic activity each week; that can be 30 minutes a day or three 10-minute bouts each day – they are equally effective.
- Eat breakfast everyday!
- Limit red meat.
- Don't smoke – and if you do, quit. Quit-

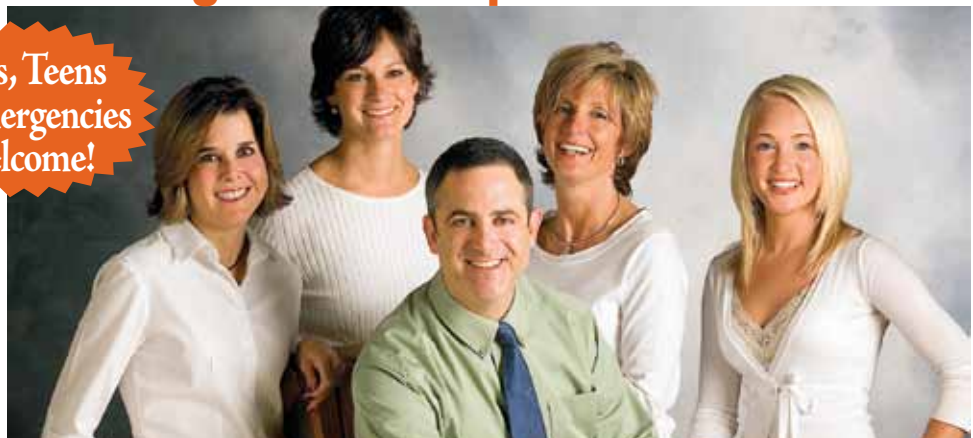
ting smoking can reduce your heart disease death risk to those of someone who has never smoked in as little as eight years – if you smoke fewer than 3.2 packs per day.

- Try not to stress. Studies have shown associations between high levels of stress and heart risks.

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# Tri-C a finalist for national award

Cuyahoga Community College has been named a finalist in a national Awards of Excellence program designed to recognize innovation and promising practices among two-year colleges.

Tri-C was one of only 24 community colleges honored by the American Association of Community Colleges (AACC), which sponsors the program. The college is a finalist for its visionary work in student success, one of six categories in the AACC Awards of Excellence.

“We are honored that Cuyahoga Community College has been named a finalist,” said Alex Johnson, Tri-C president. “This recognizes the bold steps we are taking to ensure that students graduate and enter a productive career or continue on their educational journey.”

The awards program is tied to the key recommendations of the 21st-Century Commission on the Future of Community Colleges, a national, blue-ribbon group of education experts. The Awards of Excellence finalists have put those recommendations into action and made a difference in the lives of students on campus and members of their community.

“These finalists are taking risks and forging the path to reimagining our institutions,” said AACC President and CEO Walter G. Bumphus. “Through the Awards of Excellence, we’re able to hold up their bold innovations as models that will benefit all community colleges.”

Winners will be announced April 7 during the 2014 AACC Annual Convention in Washington, D.C. ●

## WESTLAKE RECREATION CENTER

# Get up and get out to the Rec

by JIM DISPIRITO

Spring is right around the corner (hopefully)! Time to get out and smell the snow flurries, I mean flowers. The Westlake Recreation Department has a great deal to offer so get up, get out and come over to the Recreation Center. Here are some of the programs you can enjoy.

On Friday, Feb. 21, the Westlake Recreation Department will hold its annual fifth- and sixth-grade after hours bash. This program is open to any student who lives in or goes to school in the city or is a member of the Recreation Center. Students arrive at 8:30 p.m. and will depart at 10:30 p.m. Pizza and a drink are provided while the kids can go swimming or play in the gym. The fee for members is \$10; for non-members it’s \$15. Registration required before 6 p.m. on Feb. 21.

Ever heard of Pickle-Ball? If not, stop by our Adult Pickle-Ball Open Gym on Tuesdays and Thursdays from 1-2:30 p.m. and see what this game is all about. It is played like tennis, but on a smaller court and with rules like Ping-Pong. You can drop in on a daily basis to play or sign up for the entire session.

Swimming lessons have started back up, come and dive into the warm waters of our aquatic area. We offer swimming lessons for the very young all the way up. Water aerobics, yep, we have that as well.

Our Little Sneakers play time is for children ages up to five. This area allows children to run, jump, crawl, laugh and

play in our gym. We set up the equipment and you come and have fun. A chance to have play dates in the comfort of our warm and cozy gym.

Our fitness department also has classes dealing in the martial arts. Junior Hapkido is for kids ages 5-13. Want a family activity? Try our Karate class on Friday nights. Want to dance? We offer Wildfire Dance for children ages 3-18 as well as Hip Hop for Kids in grades 3-6. For even more youth fitness classes, try our Tumble bugs program ages 4-6 or our Junior Fit Camp for grades 5-12. The DEN is always there for children ages 10-14.

More information regarding all of these programs and more can be found at our website at [www.wlrec.org](http://www.wlrec.org) or by stopping by the Recreation Center at 28955 Hilliard Blvd., calling us at 440-808-5700 or by picking up our new Rec Gazette. ●

## THE DIGITAL WORLD

# Farewell Windows XP, you were a great friend

by TAK SATO

Although manufacturers of computers, tablets, smartphones and software differentiate in the name of competition and increased sales, technology is still a “commodity” in my eyes.

In other words technology has a shelf life just like a fruit (no pun intended for Apple computers).

Windows XP is an “operating system” from Microsoft. Very simply put, an operating system makes the various parts within a computer, the “hardware,” work together.

Operating system is akin to the conductor of a symphony orchestra who makes the cacophony of sounds emanating from the individual instruments transform into beautiful music.

So when Microsoft announced that it is going to end support for Windows XP after April 8, 2014, it was like saying that the conductor is retiring. Microsoft has released newer versions of the Windows operating system after Windows XP (Vista, Windows 7 and Windows 8, consecutively) but they also kept supporting them concurrently with the latest version.

Finally, though, in less than two months they are retiring Windows XP.

The speed at which technology advances has changed from 12 years ago and for that matter even from five years ago.

The processing power and the capability of a computer is very different today than it was when Windows XP came installed on a new computer.

Going back to the analogy of a symphony orchestra, imagine what it means for the symphony if the concert

hall where they perform received only limited upkeep over the decades while the electricals are still of the original “knob and tube wiring” when it was erected. Even if they were able to find a replacement conductor, the age and physical state of the hall can now become a safety hazard for the orchestra and their adoring fans.

The same can be said about the computer, i.e. the hardware, Windows XP is running on.

Similar to counting in dog-year-equivalent but only doubled to compensate for technology’s rapid advances, that computer you bought brand new seven years ago may be equivalent of 98 human years.

And just like the concert hall that received limited upkeep, Microsoft also provided security patches and system updates to Windows XP even after newer Windows version were released.

The digital world, which exists because of technology, provides us with many benefits for our real-world lives but it is a double-edged sword as nefarious entities coexist in the digital world.

Just like it is a safety risk for a symphony orchestra to play in a concert hall with code violations, you may not be managing your risk if you continue to use Windows XP after April 8; that risk may be exacerbated if it is connected to the internet.

And just like the “knob and tube wiring” in the dilapidated hall, the old computer hardware running Window XP may fail anytime and finding replacement parts for old technology may be increasing difficult.

So if you are still using Windows XP today on an old computer what are your options?

Next issue’s topic: “Some options after Windows XP” ●



# LeVeck announces candidacy for state rep

by TODD LEVECK

My name is Todd LeVeck, and I am ready to be the next representative of the 16th State House District. I am running for state representative because I feel that I am not being represented in Columbus, and I think we can do better for our schools, our communities and the families of the 16th District.

I was born in Cleveland and grew up in Northeast Ohio before enlisting in the Navy in 1990. During my enlistment, I served in the first Gulf War and earned BA and MS degrees in preparation for a career as an educator. I left active duty in 1998 and have served in the Navy Reserve for most of the past 15 years, serving as the Senior Enlisted Leader in my last two units. In my career I earned three Navy Achievement Medals and was chosen as the Navy Reserve Sailor of the Year for the Cleveland Reserve Center in 2005. I will

officially retire from the Navy Reserve this summer.

I have been a public school teacher since 1998 and currently teach computer programming and serve as the athletic director at Max S. Hayes High School in Cleveland. I have served as a department head, peer coach, and in leadership positions at the building and district level. In 2011, I was chosen to be among a select group of teacher leaders to represent the CMSD in the First Ring Leadership Academy, and recently earned my Master Teacher credential.

My wife, Naomi, and I have been married for 22 years, and our three children attend Westlake schools. We chose to raise our children in Westlake because of the excellent reputation of our public schools. Unfortunately, legislators in Ohio have allowed failing charter schools to grow while our neighborhood schools face continued funding challenges.

The current leadership and our

current representative in Columbus have failed to adequately address an unconstitutional school funding system, forcing our schools to continue to ask the community for increased property taxes. I know that we can fix school funding; we cannot continue to ignore the problem.

I haven’t planned my life around a run for public office, but my life has prepared me for this opportunity. My experience as an educator has taught me the importance of investing in our children. My military service has taught me the importance of service to country and keeping our commitment to those who have served.

I know that leadership is about listening to people, hearing their concerns, and seeking ways to work within existing systems to find solutions, while having the courage to look “outside the box” or “across the aisle.” I am excited about this race, and I look forward to the challenge ahead. ●

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BAY VILLAGE WOMEN'S CLUB

Antiques show offers something for all ages

The Bay Village Women's Club hosted their 45th annual antiques show fundraiser over Presidents Day weekend to support the group's Bay High scholarship fund.

Row after row of vendors filled the exhibit space and lined the hallway, showcasing a wide variety of antique, vintage and collectible items, from furniture to glassware to dolls to jewelry.

A top attraction this year was the 1950s-era "S"-gauge model train layout. Visitors of all ages stopped to watch the train run along the track, including Rich Toulouse and his two-year-old son, Jaeger (pictured, right), who came from Avon to attend the show. "He loves trains, can't get enough," Rich said. Jaeger was treated to a special thrill when given the opportunity to pull the lever that sounds the train's whistle.

As the popularity of antiques shows wanes nationwide, the Women's Club event still manages to attract quality dealers and a steady stream of visitors. ●



Unity welcomes speaker on conscious evolution

by TERRI BREWER

Unity Spiritual Center invites all to hear special guest speaker, Vince Lisi, on Sunday, March 2. Lisi, a philosopher and faculty member of both Youngstown State University and Penn State University, will speak on moving forward in conscious evolution while facing questions of limitations and vulnerability.

Lisi will speak at Unity's 9 a.m. and 11 a.m. services, and conduct a workshop from 1:00 to 3:00 p.m. Unity is located at 23855 Detroit Road, a block west of Clague. Details at [www.unityspiritualcenter.com](http://www.unityspiritualcenter.com) or call 440-835-0400.

Lisi's address will highlight the need for spokespeople for ideas "whose time have come" – people who are able to speak to the evolution of consciousness such as presented in a recent Time Magazine cover story. He says "each of us must make a proclamation of emancipation from the slavery of the ego; each of us must make an amendment (the 13th regarding slavery) to change our lives, and not to allow the fears of the present to stop the possibilities of the future."

Lisi's workshop from 1-3 p.m. (suggested donation \$20) will go deeper into moving forward in conscious evolution. The workshop teaches people to move beyond lingering doubts of being "only human" and to embrace a lifestyle that is truly worthy of the "child of God" that each person is here to experience.

For people willing to think beyond our current world situation and take responsibility for moving forward, Lisi will be a very inspirational speaker. He is back by popular demand at Unity Spiritual Center.

Lisi has master's degrees in philosophy from the Catholic University of America (Washington, D.C.) and in theology from the Athenaeum of Ohio (Cincinnati). He is presently on the faculties of philosophy and religious studies at Youngstown and Penn State's Shenango campus. He also serves one day a week as a chaplain in the spiritual care department of St. Elizabeth Hospital Medical Center in Youngstown. He teaches people how to meditate, does one-to-one spiritual direction, and is a gifted spiritual counselor. ●



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HEALTH & WELLNESS

Fun craft to build a child's self esteem

by ABBEY SAMIDE

Parents want their child to develop positive self-esteem. There is a direct correlation between feeling good about self, accomplishments and a child's growing belief they are capable human beings. We know the value in developing positive self-messages yet many children struggle to accept praise and become uncomfortable with positive feedback.

Parents strive to build an armory of long and short-term strategies to enhance well being in their children. Engaging in activities that promote confidence will allow your child to practice saying encouraging affirmations every day.

These types of esteem building games may cause a level of discomfort, but here is a fun activity that is a win-win for both child and parent.

SUPPLIES:

- 2 sheets of construction paper
- Marker, pencil or crayon
- Ruler
- 

HOW-TO:

- Draw 2 large hearts on each piece of paper and cut them out. You should have 4 hearts.
- Use a ruler to draw 4 lines forming 8 triangles (like pizza slices).
- Place 2 hearts on the wall (1 for each person) reserving the other hearts for later use.
- Take turns writing a true statement in each triangle that focuses on each person's qualities. Example:
  - Tom is brave because he tries new foods.

- Alicia is a good friend because she shares.
- Sam makes good decisions on the playground.
- Emma is caring with animals.
- When done, let each person read the statements on their heart out loud in a strong assertive voice making them "I" statements. Example:
  - I am brave.
  - I am a good friend.
  - I make good decisions.
  - I am caring.
- Write these "I" statements on the second heart.
- Place the hearts in a place the child will see every day and have the child say the affirmations in the morning and at bedtime.

This can easily be adapted to the classroom by setting time aside for children to say a positive statement of their choice. Adults should participate in this activity, modeling their affirmations in a strong assertive voice and encouraging the child to do the same.

Children get the most out of what they accomplish on their own and will get more from affirmations that focus on their undertakings. Capturing these successes alleviates the temptation to engage in false truths.

Creating an environment in the home that promotes children being comfortable saying good things about self and believing they are capable is the key to positive behaviors. A child that trusts in their abilities increases good decision making, independent thinking and goes a long way toward a positive outlook and a healthy child. This fun activity will foster relationship building, well being and create an environment conducive for a child to practice affirmations. ●



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March 1st in Westlake

# Kiwanis family join hearts and hands for hospice

by VICTOR RUTKOSKI

The Westlake Kiwanis family – Kiwanis, Key Club, Builders Club, Aktion Club and K-Kids – joined their hearts and hands together to make Valentine's Day special for families at the Ames Family Hospice House. They served a dinner at the Hospice of the Western Reserve facility, with the Aktion

Club making valentines for the families, the K-Kids making a picture collage for the dining room, the Builders Club making centerpieces and placemats for the tables, and the Key Club helping the Kiwanis serving food. Three Westlake Kiwanians provided food from their restaurants for dinner. Kiwanis also provided drinks, desserts and music to make the evening complete. ●



The Westlake Aktion Club makes valentines for hospice patients.



Kiwanians and Key Clubbers cut the cake for dessert.

PHOTOS BY VICTOR RUTKOSKI

## SENIOR LIVING

# Six tips to prevent seniors from falling this winter

by KRISTI VAUGHN, LSW

It is impossible to completely prevent a fall. But if you follow these tips, the chances can be reduced. Prevention takes a little planning and possibly some acceptance that the risk is higher for seniors in winter.

1. The correct footwear is very important! Make sure your loved one is not wearing worn-out shoes or boots. Ensure the size is correct, not too big or too small. Ensure that the footwear has adequate traction on the soles. Consider adding anti-skid materials to the bottom.
2. Ensure the steps going up to the house are strong and in good repair. Weak or wobbly steps can cause your loved one to become off balance and increases the risk of a fall. Ensure that snow, ice and water buildup are properly maintained at all times.
3. Set up a snow removal service or a neighborhood teenager to regularly keep the sidewalks and driveways clear of ice and snow. Always have salt available for melting ice and snow.
4. It is important to remind and caution your loved one to always be careful and take extra time

when moving from one location to another. It is important to step carefully when they can't tell if the path is clear. It is advised to have your loved one walk with someone to help keep him upright.

5. Ensure that all walkways and stairways have a steady handrail that can be used to help your loved one keep his/her balance.
6. Always prepare your loved one for an emergency if he or she does fall. Consider a life alert system. Otherwise who will he/she call and how will he/she get to a phone? It's also a good idea to consider implementing planned check-in times when the weather creates extra risks. Westlake and Bay Village offer free daily reassurance calls to older adults. If the resident doesn't pick up the phone, the police will be notified. In Westlake, the police will then go check on the home; in Bay Village, the person's emergency contact will be contacted first. For more information or to participate in Westlake's "Are You Okay?" program, call the community services department at 440-899-3544. For Bay's Community Care Monitor program, call community services at 440-899-3442. ●

Join in at [www.wbvobserver.com](http://www.wbvobserver.com)



WESTLAKE PORTER PUBLIC LIBRARY

# Upcoming events at Westlake Porter Public Library

by ELAINE WILLIS

**Wednesday, Feb. 19 (10:15-10:45 a.m. or 11-11:30 a.m.) LET’S SING AND DANCE!** – Join us for a fun session of singing and dancing for children ages 2-6 with a caregiver. Space is limited, so please arrive early enough to receive a ticket at the Preschool Desk.

**Wednesday, Feb. 19 (4-5:30 p.m.) BOOKS WITH BELLA** – Stop by the Youth Services Department each Wednesday and sign your child up for a 10-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours. Registration begins every Wednesday at 3 p.m.

**Wednesday, Feb. 19 (5-5:45 p.m.) THE BOOK-A-HOLICS: TWEEN BOOK CLUB** – Join us for discussions about books, audio, apps and more. Grades 5-7. Please register.

**Wednesday, Feb. 19 (6:30-8:45 p.m.) CUYAHOGA WEST GENEALOGICAL SOCIETY**

**Friday, Feb. 21 (11:30 a.m.-1:30 p.m.) CONNECTING FOR KIDS PARENT DISCUSSION GROUP** – Parent discussion group led by a local pediatric expert. Childcare is offered but space is limited. You must RSVP by calling 440-250-5563. Topics are listed at [connectingforkids.org](http://connectingforkids.org).

**Saturday, Feb. 22 (10:30-11 a.m.) MOTHER GOOSE ON THE LOOSE!** – Join Mother Goose for this interactive storytime featuring simple books, rhymes, songs and movement. For ages birth-3 years old with adult caregiver. No registration.

**Saturday, Feb. 22 (2-4 p.m.) CARRY-OUT CRAFTS** – Stop in the Youth Services Department to make our featured craft. Tables will be set up with all of the supplies needed!

**Monday, Feb. 24 (1-7 p.m.) AMERICAN RED CROSS BLOODMOBILE**

**Monday, Feb. 24 (4-5:45 p.m.) TEEN LOUNGE** – Need a place to hang out after school? Come to WPPL’s Teen Lounge on Monday afternoons! We’ve got computers, video games, board games, snacks and more!

**Monday, Feb. 24 (6:30-8 p.m.) BSA COMPUTER MERIT BADGE** – Start and finish the Boy Scouts of America Computer Merit Badge here at the library. Remember to review the requirements beforehand and to bring your blue card! Please register starting Feb. 17.

**Tuesday, Feb. 25 (7-8:30 p.m.) CONNECTING FOR KIDS COFFEE & CHAT** – Parent support group for families who

have a question or concern about their child’s development. Please refer to [connectingforkids.org](http://connectingforkids.org) for the topic.

**Tuesday, Feb. 25 (10 a.m.-noon) CAREER TRANSITION CENTER: NETWORKING FOR HIDDEN JOBS** – People are your single greatest resource in a job search, and networking helps you reach those people. Learn how to build and maintain business relationships that will assist you in your job search and beyond. No registration required.

**Wednesday, Feb. 26 (10:15-10:45 a.m. or 11-11:30 a.m.) LET’S SING AND DANCE!** – Join us for a fun session of singing and dancing for children ages 2-6 with a caregiver. Space is limited, so please arrive early enough to receive a ticket at the Preschool Desk.

**Wednesday, Feb. 26 (4-5:30 p.m.) BOOKS WITH BELLA** – Stop by the Youth Services Department each Wednesday and sign your child up for a 10-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours. Registration begins every Wednesday at 3 p.m.

**Wednesday, Feb. 26 (7-8 p.m.) SUPERHERO STORYTIME** – Kapow! Come dressed up as your favorite superhero and use your bionic hearing to listen to tales of bravery. Be sure to bring your super strength, excellent hearing and X-ray vision to play challenging games. We will even make a super special craft to take home! Registration begins Feb. 19.

**Wednesday, Feb. 26 (2 p.m.) WEDNESDAY AFTERNOON BOOK DISCUSSION** – The February selection is “Catfish Alley” by Lynne Bryant.

**Thursday, Feb. 27 (7-8:45 p.m.) WESTLAKE HISTORICAL SOCIETY** – Please join the Westlake Historical Society for a free program.

**Friday, Feb. 28 (10 a.m.-noon) PORTER’S FIBER FANATICS** – Socialize, share, and solve problems while you work on your current project.

**Friday, Feb. 28 (10-11 a.m. or 11:30 a.m.-12:30 p.m.) CONNECTING FOR KIDS “TEACH ME TO PLAY”** – Experts from the Cuyahoga Board of Developmental Disabilities will lead this playgroup for children 3-6 years (siblings welcome). Its focus is teaching parents how to help their children engage in play and interact with peers, and positively discipline through hands-on modeling techniques. Caregiver must stay in the room. You must RSVP for the playgroup by calling 440-250-5563. Space is limited.

**To register for any of the programs, please call 440-871-2600 or visit [signup.westlakelibrary.org](http://westlakelibrary.org):8080. ●**

BAY VILLAGE BRANCH LIBRARY

# Upcoming programs at Bay Village Branch Library

by BARBARA ISAACS

This is a good time to visit the Bay Village Branch Library. Reconnect with Reading by finding a good book with the help of any of the librarians. The library also has tax forms to use when filing this year. Are you planning to “get out of town”? You can get help applying for your passports at the library too. Plan your library visit soon!

ADULT DEPARTMENT

**Sunday, March 2 (2 p.m.) GO LONG: NARRATIVE JOURNALISM IN THE DIGITAL AGE** – Even as the magazine industry collapses, the Internet is offering more opportunities to publish long-form stories than ever before. In this workshop we’ll look closely at some intriguing long-form pieces and discuss the writers’ styles and effectiveness. We’ll talk a little about reporting, and a lot about compiling the information you’ve gathered into a story that is clear, concise and compelling. Participants will share their own work for feedback from the group and complete some short writing assignments to practice using different structures and tones. Teaching artist Frank W. Lewis spent most of his 20-year journalism career at alternative weeklies, serving most recently as editor of Cleveland Scene and Cleveland Free Times.

**Wednesday, March 5 (7 p.m.) AMERICAN LIBRARY ASSOCIATION NOTABLE BOOKS OF 2014** – This program was rescheduled from Feb. 5. Join us as Bill Kelly, chair of the American Library Association’s Notable Books Council, presents the fiction and nonfiction books selected for this year’s list.

YOUTH DEPARTMENTS

**Monday, Feb. 24 (7 p.m.) BOOK TALK** – Girls and guys in grades 5-8 with an adult: Discuss great books, enjoy fun activities, snacks and some

time with a favorite family member. Books available at the Teen desk.

**Wednesday, Feb. 26 (4 p.m.) DOWN ON THE FARM** – The Divellas are back with a new show! Join Roger Dodger and Katie Bee for some giggles, magic and fun on the farm with Rosie the Baby Cow and Midnight the Cat. For families with children ages 2-10.

**Thursday, Feb. 27 (3:30 p.m.) JUNIOR ENGINEERING CLUB** – Bring your ideas and imagination! Get together with other students in grades K-12 and have fun creating all kinds of structures.

**Tuesday, March 4 (3:30 p.m.) ROUND T.A.B.L.E.** – For ages 11 and up. Join other teens and do what Teens At Bay Library Enjoy – whether it be completing projects that serve the community, helping the library or other organizations.

**Tuesday, March 4 (6:30 p.m.) READER BOOTCAMP** – Parents with children in grades 1 through 3 who are struggling with their reading skills are invited to join us for a two-part program of information and fun! For the first part, parents go separately with a learning specialist to learn tips for working with their child at home, while children remain with the librarian for fun, reading-based activities. During the second session, families participate together.

**Friday, March 7 (11 a.m.) MAD SCIENCE: FIRE AND ICE** – Children ages 5 to 12 will be dazzled and entertained as they interact with our Mad Scientists! Foggy dry ice storms, giant beach balls floating in the air and even a special Mad Science “burp” potion will amaze children as they learn about chemical reactions, air pressure and the states of matter.

**Please register to join us for any of these programs at [www.cuyahogalibrary.org](http://www.cuyahogalibrary.org) or call 440-871-6392. We hope to see you soon at the library! ●**

READER’S OPINION

# Facing down cancer again

by BRUCE LEIGH

Last month was a trial of faith for me. I was diagnosed with cancer again. The doctor found something on my shoulder which needed to be biopsied. He discovered I had a mild, common form of skin cancer which was treatable with surgery. When I heard the word cancer all I could remember was the last time I heard that word.

The last time I was treated for cancer it was very serious. I went through weeks and weeks of treatment which left me feeling weak and sick. Eventually I was OK. This time was different. I would have an easy recovery

and everything looked good. Hearing the word cancer for the second time made me realize how good my life has been since the time of the original cancer. I realize I survived cancer then and would do it again.

Since then I have returned to my usual good-natured self. When people tell me they are being treated for cancer I always try to be encouraging and tell them my story. Being diagnosed with cancer is usually very frightening. I understand since I went through it myself. I hope if you know someone who has cancer you will be kind and supportive to them. You’ll be glad you did.

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# St. Paul students celebrate Lutheran schools week

by DIANE KONYK

St. Paul Lutheran School in Westlake hosted a number of special activities the week of Jan. 26-Feb. 1 to celebrate National Lutheran Schools Week. During the week, St. Paul students participated in several service projects to benefit the local

community.

The main project of the week was a food drive where classes competed to bring in the most canned and boxed food for local pantries. Students also made fleece blankets and created Valentine's Day cards that were distributed to area veterans, shut-ins, nursing homes and shelters. ●



To celebrate National Lutheran Schools Week, Madison Bartosch, Tiffany Riffle and Angelina Klopp, all students at St. Paul Lutheran School in Westlake, created blankets for local homeless shelters.



St. Paul Lutheran School students Bradley Neal, Ben Peters and Jason Beets made Valentine's Day cards for local nursing home residents.

## Safety tips for Alzheimer's care

by LISA ANTHONY

Caring for a loved one with Alzheimer's disease can be overwhelming. For the family member afflicted with Alzheimer's, even routine daily events such as hearing or seeing evening newscasts can be truly terrifying. As a result, one of the greatest challenges for the caregiver is creating an environment for the loved one, which is as safe and nurturing as possible.

With toddlers, the term is "child-proofing." For those with Alzheimer's disease, there is no similar term, but the concept is the same. Many things around the home that pose no danger to people in full possession of their mental faculties can be major hazards for people with Alzheimer's. And even though it is impossible to make any home absolutely safe for a person with the disease, there are many steps you can take to reduce the

risk of your loved one getting into things he/she shouldn't, or reduce the risk of injury.

Here are some tips to make your home safe and comfortable:

**Limit distractions and control noise.** Play radios softly, and turn the telephone ringer on low. Consider removing telephones and televisions out of the individual's room. If your loved one watches TV, choose humorous or happy sitcoms, game shows and musical shows. These types of shows can make the individual laugh and/or stimulate positive memories.

**Maintain consistency and organization.** Don't rearrange rooms. Instead, maintain consistency by keeping furniture in the same place. Keep the individual's bedroom and living areas well organized and keep pathways clear. Remember, sparse is better than cluttered. The less there is to trip over or

break, the better. In addition, clutter may confuse or upset people with Alzheimer's disease. Move decorative knickknacks out of harm's way, secure them, or eliminate them.

**Encourage recreational activities.** Encourage activities that are success-oriented and make the individual feel productive. Many individuals with Alzheimer's enjoy outdoor activities. Encourage walking if your home has a safe, enclosed yard. Gardening is also a good activity. But, make sure that the yard is free of toxic plants and that your loved one uses safe gardening tools (nothing sharp). When the individual is unsupervised, you should avoid activities that involve sharp or hot objects, such as knitting or cooking.

**Lock up hazardous materials.** Keep all medicines, cleaning products and sharp utensils up or out of reach. Consider wiring the stove, thermostat and hot water heater with hidden switches or controls. Lower the temperature on your water heater to avoid scalding, as

accidental scaldings are common among people with Alzheimer's disease.

**Everyone needs a little TLC.**

With all the responsibilities and problems involved in caring for people with Alzheimer's disease, it is easy to forget how important a loving touch can be. A pat on the back, back rubs, foot massages, hugging or holding hands are calming, and they communicate love and safety in a way everyone can understand. Several studies show that massage exerts a calming influence and minimizes behavior problems in Alzheimer's care.

No one is able to predict the rate at which deterioration associated with Alzheimer's disease will occur. The disease may progress to a certain point and then stay at that level for years. In fact, most people with Alzheimer's remain in the community throughout their life. If your relative must face the fact that, as the disease progresses, he or she may not be able to live alone, home care may become not just a heroic task, but an impossible one. ●

# ANTIQUE AND AMERICAN FOLK ART SHOW

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Vintage Duck Decoy  
Auction  
Sat. March 15, 11 a.m.





# Vintage decoy collectors to join with antique dealers at March show

Vintage decoy dealers from across the country will be displaying their antique decoy duck collections on Friday and Saturday, March 14 and 15, at the Westlake Holiday Inn, 1100 Crocker Road, as part of the Antique and American Folk Art Show. Show hours are from 9 a.m. to 5 p.m. both days.

The 80 decoy exhibitors will combine with over 200 quality

antique and American folk art collectors to present two floors of a wide variety of collectibles including sporting art, fishing tackle, flat art, folk art, original paintings, hand-crafted rustic furniture and one-of-a kind painted furniture.

A highlight of the show will be a vintage duck decoy auction on Saturday, March 15, at 11 a.m. The show is open to public. ●



## READER'S PHOTO

### Giblets gang invades Westlake yard



PHOTO BY CAROL MAAT

An unexpected encounter with wildlife greeted the Maat family when they opened their curtains the morning of Feb. 7. A flock of 15 wild turkeys strolled across Bradley Road in Westlake and through the Maats' property. The gang loitered just long enough for Carol Maat to snap a few pictures before moving along down the road.

Do **you** have a good photo? Become an Observer and share it with the Westlake/Bay community at: [wbvobserver.com/members](http://wbvobserver.com/members)

## The Recipe for a Good Life

by DAVE SCULLIN

The following are the ingredients for a good life.

As you know your tastes best, some will take a full measure, others a tablespoon, teaspoon or perhaps as little as a dash, pinch or hint.

List of ingredients:

Caring, Fortitude, Optimism, Humor, Empathy, Courage, Resolve, Trust, Patience, Love, Giving, Friendship, Fidelity, Compassion

Whisk them all together for a recipe that will last you a lifetime. Bon Appetit!

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MIGHTY GOLIATH PRODUCTIONS



## NEW BUSINESS

### New sports pub opening in Westlake

Construction is underway on Westlake's newest restaurant, located on the former site of The Boneyard restaurant on Sperry Drive. Hooley House Sports Pub & Grille bills itself as "one fun pub," serving reasonably priced American favorites with a spotlight on classic Irish dishes.

Like its predecessor, Hooley House's expansive dining room will provide a multimedia experience, featuring more than 25 big-screen LED TVs and several large projection HD screens broadcasting sporting events in surround sound. Wi-Fi will be available throughout.

The Westlake establishment will be the third for the local chain, which also has spots in Brooklyn and Mentor. Both locations feature weeknight trivia

games and live bands on the weekends. The Hooley House menu features standard pub grub including wings with 15 choices of sauce, appetizers, burgers, sandwiches, salads and wraps. An interesting twist is macaroni and cheese served six ways, along with Irish favorites shepherd's pie and boxty.

The Westlake Hooley House – named after the boisterous Irish celebration – is targeting a Feb. 24 opening at 24940 Sperry Drive. It will be open seven days a week, from 11 a.m. to 2 a.m. Monday through Saturday, noon to midnight Sunday (serving brunch until 4 p.m.), and will offer lunch, dinner and late-night menus.

For more information, visit the Hooley House website at [www.1funpub.com](http://www.1funpub.com). ●



Hooley House Sports Pub & Grille on Sperry Drive is scheduled to open Feb. 24.



# Lou Popp wins Dwyer Center jingle contest

by DEBBIE BOCK

For the past few weeks, staff at the Dwyer Senior Center have been observed humming and singing after reading entries to the recent Jingle Contest. Members of the community were asked to submit jingles about aging, the senior center or activities that they enjoy participating in.

Numerous entries were received and the staff narrowed it down to the top six and then the final three. Lou Popp won first place with her jingle called "Bay Senior Center." She said she woke up in the middle of the night with the words running through her head. She wrote them down and submitted it in the contest never dreaming she would win first place!

*"Where should I go? What can I do? Bay Dwyer Senior Center is the place for you. Check out their activities, on paper and online. It is time to get out – and have a GREAT TIME!"*

The committee felt this jingle very nicely represented the senior center. Coming in second place was Rita Randall with the following jingle:

*"It makes no difference what city you are from, at the Bay Dwyer Center you can have lots of fun! You can sit and knit, attend a Lunch-N-Learn and improve your wit! Taking bus trips will let you chat with friends, which without a doubt will turn into a trend. You can read a book, watch a film, exercise or see a doctor all in one day ... and now you can do it completely your way – IN BAY!"*

The third place entry was submitted by Linda Herbkersman, an exercise instructor who has been teaching at the Dwyer Center for more than 13 years. Participants in her class are delighted with her humor which they say makes exercising fun.

Here's Linda's entry, sung to the tune of "Show Me the Way to Go Home":

*"Show me the way to grow old; someone tell me how to carry on. I took my Metamucil just an hour ago, now I'm reading in the john. Where once my skin was firm, now it's starting to droop in folds. And I'm starting to think that this really stinks – if this is the way to grow old, somebody show me how to stop? It was fun and used to be a snap. So I bought a sexy bra made of ribbons and lace, and it slid down to my lap. Whenever I go out, I take support on which to hold. I go to Denny's at 4 and by 8 start to snore. This just can't be the way to grow old! Then I found me an exercise class, where we squat and lunge and crunch. And we can't help laugh at a grungy old mat; then I join my friends for lunch. I may be older than my teeth; but this is my belief: Our instructor is nuts but we're firming our butts. We may grow older but we'll NEVER grow old!"*

Winners of the contest received chocolates and restaurant gift certificates. Readers are invited to check out the Dwyer Senior Center, which is generally open Monday through Friday, 8:30 a.m.-4:30 p.m. Anybody wishing to tone up and help ward off osteoporosis might want to join Linda's class on Tuesday and Thursday mornings.

Join us at the Dwyer Center and have a GREAT TIME! ●



Lou Popp, Dwyer Center's jingle contest winner

# Reconnect with Reading all year long with the Observer and Bay Village Branch Library

by BARBARA ISAACS, adult services librarian

What do most people think of when they hear the word "library"? Reading, of course! 2014 is the year to "Reconnect with Reading 365" at the Cuyahoga County Public Library. To celebrate this initiative, the Bay Village Branch will display monthly calendars that include daily trivia questions or quote from books both classic and modern following a theme for each month. Library staff and customers are looking forward to sharing our suggestions from various genres here with you in the Observer in a new feature, "What Your Neighbors are Reading!"

To kick off this new feature and in keeping the February's theme of "Getting to Know You," I asked local Bay Village resident Ted Rowland what favorite memoir or biography he has read recently.

He enthusiastically endorsed "Going Clear: Scientology, Hollywood and the Prison of Belief" by Pulitzer Prize-winning author Lawrence Wright. This well-researched book details the history, theology and hierarchy of Scientology, focusing on its founder, L. Ron Hubbard, and his successor, David Miscavige. The in-depth biographical information presented on Hubbard provided insight and could have been a book in itself.

Ted was particularly intrigued by the inner workings of the church that were uncovered by Wright's investigation. The fact that current members as well as past members were willing to grant Wright personal interviews about their experiences was unprecedented.

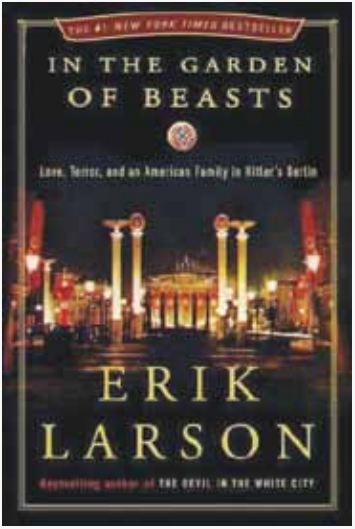
Another one of Ted's favorites in this same genre is "In the Garden of Beasts: Love, Terror and an American Family in Hitler's Berlin" by Erik Larson. This highly researched book details 1933, the year of Hitler's rise to power in Germany when William E. Dodd, a professor of history at the University of Chicago, becomes the first American ambassador to the regime.

Ted found this book to be fascinating as it was a personal account of the Dodd family unaware of the evil looming as Hitler's charismatic leadership created pride in a Germany downtrodden after World War I. The perception and realization of the pervasive evil by the ambassador's family living through it is significant in that the reader already knows the horrifying, unthinkable ending.

If you are wondering what other books might appeal to you, you can Reconnect to Reading using one of CCPL's many services to get personalized reading suggestions. Check out the library's website, [cuyahogalibrary.org](http://cuyahogalibrary.org), in the What To Read area to find our options for Reading Recommendations. One cool feature is our 3-for-3, where folks can submit their last three favorite books read to receive three suggestions from a librarian that you might like to read next.

Remember to check the Observer next month to see What Your Neighbors are Reading on the March theme of "And the Winner Is..." – and visit the Bay Village Branch, 502 Cahoon Road, where the staff would be very happy to give you personal reading recommendations too. We hope to see you soon! ●

**WHAT YOUR NEIGHBORS ARE READING**  
at the Bay Village Branch Library  
**FEBRUARY'S THEMES:**  
Adults: "Getting to Know You"  
Youth: "Lions, Tigers and Bears, Oh My!"



# Changing the world, one child and one community at a time.

Are you ready and motivated to help children and families in our community? Our club is ready for you! Our members' hands and hearts help those who cannot always help themselves. We NEED you... children of Westlake NEED you!

We invite you to our weekly Tuesday night meeting at SB Eighty-one on Detroit Rd at 6:30 p.m. The club always welcomes men and women who want to serve their community. To learn more please contact Membership Chairperson George Christ at 216-832-1640.



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GREEN SCENE

# Paper recycling is full-loop process completed in 2-3 weeks

Drop-off paper recycling benefits churches, schools, other nonprofits

by BRENDA O'REILLY

You may have noticed the bright green and yellow paper recycling bins (Paper Retriever bins) that are around town. They are typically located in the parking lot of a church, school, park, or other nonprofit and are used as a fund raiser for the sponsoring organization. The bins are seven cubic yards and hold one to two tons of paper when full. As paper is collected, the sponsoring organization earns monthly revenue – a higher monthly tonnage results in higher revenue per ton paid.

Although many local curbside recycling programs allow for collection of all types of paper along with other recyclables, there are advantages to dropping your paper off at a Paper Retriever bin to be recycled. Not only does it provide revenue to a nonprofit organization, it

is also not contaminated from glass and other contaminants that can get into the paper when it is consolidated with other recyclables.

So what happens to the paper once it is placed in the Paper Retriever bins? The bins are owned by Abibow Recycling LLC, a division of Resolute Forest Products. Denise Piotrowski is the operations manager for Northeast Ohio for Abibow Recycling. According to Ms. Piotrowski, the company picks up the paper and ships it to a company-owned pulp and paper mill.

The paper is received at the mill and washed with soapy water to remove contaminants such as glue, ink, plastic film and staples. The washed paper is then mixed with water to create “slurry.” The slurry is placed in a roller and sent through a dryer, then cut into rolls of paper to be used for newsprint. The

newsprint returns to Northeast Ohio in two to three weeks of being picked up from the recycling container. Ms. Piotrowski added that Abibow is one of the largest manufacturers of recycled newsprint in North America.

Any cardboard is handled separately and sent to manufacturers that make the cardboard into new cardboard boxes.

### What Goes in the Paper Retriever Bins?

The bins accept: Newspapers, inserts, magazines, catalogs, junk mail, office or school papers (including window envelopes and staples), soft cover/paperback books, phone books and workbooks. Shredded paper should be bagged (plastic is OK), but poke a small hole in the bag and push the air out. This way more volume of paper can be placed in the bin.

### What Does NOT Go in the Paper Retriever Bins?

The bins do NOT accept: Cardboard

food boxes, Kleenex boxes, fiberboard, chipboard, hardcover books, textbooks, wax-covered paper, construction paper, wrapping or tissue paper, carbon paper or sticky notes.

### What About Cardboard?

Corrugated cardboard is accepted at some locations. Cardboard should only be put in a bin if the sign says that cardboard is accepted. The reason for this is that cardboard is lighter and takes up more space than paper. The more weight in the bin the more money the organization will make. Some organizations only have room for one or two bins and choose not to take cardboard to maximize their revenues.

There are Paper Retriever bins located throughout the area. To locate the one closest to you, go to the website [www.paperretriever.com](http://www.paperretriever.com) and click on “Find a Recycling Bin.” ●



These familiar green-and-yellow recycling bins raise money for local nonprofit organizations.

## Report: Westshore Council of Governments (WCOG) meeting, Feb. 12, 2014

by LWV OBSERVERS CONDA BOYD AND SUSAN MURNANE (Bay Village)

*This report, which contains observations and selected highlights of a meeting of the WCOG, is not an official statement of the League of Women Voters. Official minutes are prepared by Mayor Patton's office.*

Present: Mayors Bobst (Rocky River), Clough (Westlake), Kennedy (North Olmsted), Patton (Fairview Park), Summers (Lakewood), Sutherland (Bay Village)

Also in attendance: Dave Greenspan, District 1 Representative, Cuyahoga County Council; Steve Presley, Fiscal Officer

### Old Business

Crisis Intervention Training: Mayor Patton and Police Chief Upperman will follow up with Bill Denihan to arrange training for Westshore police, possibly including librarians and other city employees with extensive public contact.

Fire District Study: The mayors of Bay Village, Fairview Park, Rocky River and Westlake will meet Monday, Feb. 24, at 11 a.m. in Westlake. Mayor Clough will chair in 2014. If the Rocky River Waste Water Treatment Plant (WWTP) collective bargaining agreement is ready, the mayors may follow the Fire District meeting with a WWTP meeting.

FirstAid4Autism: Akron Police Sergeant Mark Farrar is available to conduct training. Council Member Greenspan may be able to help with funding. The mayors will poll their police departments about what training has already been done. The mayors agreed that when safety forces' training is scheduled, all cities should be invited.

### New Business

Regional Civil Service Exam: A listing of each city's eligibility list expiration dates was handed out. The objectives of sharing exam dates are

to generate a larger applicant pool, save cities' advertising costs (about \$1,500 per exam), and save applicants' fees and time. The cities weight factors differently, so the top applicants may vary. Some cities are required to hire the top applicants and promote from within; others have more flexibility.

Regional Dispatch: Cuyahoga County wants to consolidate all 911 dispatch centers to six sites and to expand the service to include police as well as fire and EMS. Lakewood declined to join the Westshore Central Dispatch Center (WCDC), and Mayor Summers expressed skepticism about the proposed consolidation. WCDC has the capacity to add police calls, but Lakewood, which receives 50,000 calls per year, would be a “game changer.” Although consolidation might save 1-2 dispatchers, it would not be worth the cost in lost local knowledge and thus slower service.

Mayor Sutherland stated that the vast majority of Bay Village's 12,000 calls are not emergencies, and because there needs to be a police officer on premises, consolidation would not result in personnel savings. Furthermore, a police officer must be present in the station if anyone is in the jail.

Mr. Presley stated that some east side cities are pursuing consolidation, and observed that the county has also proposed regional jails, which would

eliminate the need for uniformed personnel at police stations. Non-emergency calls could be handled remotely.

Mayor Clough stated that the core problem is how to speed response to 911 calls from cell phones. Mayor Patton stated that despite initial resistance, the WCDC has been a success. She asked the mayors to stay open to the idea. She will call State Representative Nan Baker and ask her whom to contact for further information.

Mayor Sutherland stated she would like to see the county do a pilot project rather than attempting to consolidate all at once. Mayor Summers stated that in 2013, Lakewood spent \$800,000 to update its dispatch operations and integrate its MARCS radios. He suggested that when upgrades are needed, the WCOG cities use modular units and a shared platform.

Suburban Water Regional Council of Governments: Rocky River and Fairview Park are among 28 communities that have signed a maintenance agreement

with the Cleveland Water Department; 40 cities have not signed. Mayor Sutherland stated that Bay Village's failure to sign is costing \$200,000 on the Cahoon Road Sewer Project alone.

MARCS Radios: The \$20/unit/year user fees, which pay for the tower system, are under statewide discussion. Additional monies are expected to reduce the fees and pay for additional radios. Mayor Bobst is on the task force. Lakewood has 320 radios in use.

Road Salt: The Ohio DOT is purchasing an additional 150,000 tons that cities can pick up now and return on the honor system once supplies are available. The mayors agreed that a better procurement plan is needed for next year. ●

*The Westshore Council of Governments was founded in 1971 “to foster cooperation between municipalities in all areas of municipal service.” All meetings are open to the public. The next meeting will be March 26, 9:30-11:30 a.m., in the Fairview Park Gemini Center's Birch Room.*

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# Report: Rocky River Wastewater Treatment (WWTP) Management Committee Meeting, Feb. 4, 2014

by LWV OBSERVERS CONDA BOYD AND SUE FINK (Bay Village)

*This report, which contains observations and selected highlights, is not an official statement of the League of Women Voters. Official minutes are prepared by WWTP staff.*

Present: Jeff Harrington (WWTP Superintendent), Mayor Bobst (Rocky River), Mayor Sutherland (Bay Village), Paul Quinn and Robert Kelly (Westlake), Rob Berner (Fairview Park)

Also in attendance: Keith Bovard and Christine Gottwald (WWTP); David Matty (legal counsel); Michael Thomas (Rocky River director of finance); Bob Greytak (CT Consultants); Bill Kasberg (URS Corporation)

The meeting was called to order 9:08 a.m. in Rocky River Council Chambers and adjourned at 10:02 a.m.

### 2013 Sewer Flow & Strength Study Followup

In keeping with the WWTP agreement, a 60-day study of sewage flow (volume) and strength (particle concentration) is conducted every four years to determine WWTP cost allocation among the four cities (Bay Village, Fairview Park, Rocky River and Westlake). The spring 2013 study, conducted by URS, was accepted by the four cities in August. In December, Bay Village City Council questioned their allocation increase from 16.36% to 24.80%. Bay Village engaged CT Consultants to review the URS data and methodology. CT Consultants, URS and the four cities' engineers reviewed CT's findings.

Mayor Sutherland stated there have been no changes to the sewer system to account for the size of the increase. There must be something wrong, although CT Consultants are unable to pinpoint what. Discussion ensued about a faulty gauge that is used to correct for rainfall and which pipes needed monitoring. Mr. Kasberg agreed to give CT Consultants all raw data.

The discussion turned to possible methodology improvements for the next study. Mr. Kasberg recommended putting another

sampler on Bay Village's 42-inch pipe to verify strength. Mr. Greytak noted that a few days into the study, Bay Village had made a minor change to a sewer. All agreed on the importance of good communication and of suspending changes during the study.

Technology exists to install permanent flow meters with frequent monitoring. All agreed the cost is prohibitive and these meters address only flow, not strength.

Mayor Sutherland suggested reducing the study frequency from four, to two or three years. Mayor Bobst stated that makes sense, since all four cities have been conducting significant projects to meet U.S. and Ohio Environmental Protection Agency (EPA) requirements. Mr. Matty noted that a change in frequency would require unanimous approval of all four mayors and city councils.

### District One Public Works Integrating Committee (DOPWIC) Update

DOPWIC has awarded over \$1.4 million in grants and \$1.2 million in a no-interest, 25-year loan for WWTP capital improvements for 2014-2017. An additional \$800,000 will come from the WWTP capital fund.

Part of the planned improvements will increase screening of waste to meet more stringent EPA requirements for deposits on farmland versus landfill. Currently, the WWTP sends sludge to a local farm for eight months per year at \$17 per wet ton and to a landfill at \$45 per wet ton for the other four months.

### No Feasible Alternative (NFA) Analysis

Diversion during peak wet weather requires EPA review. Because planned capital improvements would skew the required NFA study, the WWTP is seeking a deferral until the next permit cycle.

Next meeting's agenda: collective bargaining proposal, flow & strength study improvements. ●

*The Rocky River Wastewater Treatment Plant is a joint venture among the cities of Bay Village, Westlake, Rocky River and Fairview Park. The Management Committee includes the mayors of the four cities, plus a fifth person elected by the mayors. It meets as needed.*

## SPORTING VIEWS

# Jimmy Haslam is déjà vu once again

by JEFF BING

Sir Winston Churchill, former prime minister of those English folk across the pond, is credited (deservedly or not) with proclaiming, "Those that fail to learn from history are doomed to repeat it."

I'm proud to say that I sort of came close, as I failed history class and was ultimately doomed to repeat it, but I don't think that was quite the point that The Man They Named Cigarettes After was making when he professed this wisdom to his fellow countrymen. No, I'm pretty sure he had more in mind than simply trying to get us to figure out exactly *why* Custer decided in favor of that last stand of his (although you have to think being outnumbered by a ratio of something like 12-to-1 would have been a nifty starting point).

It is as clear as the sound of Big Ben's bell that not everyone is into history, and there are certain people among us who might have benefited greatly had they enjoyed a chance encounter with Sir Winston.

Take Cleveland Browns owner Jimmy Haslam ... *please!*

Now, anyone who read this column in its infancy will remember that yours truly was *not* a big fan of former Browns owner Randy Lerner, basically because he seemed content to write big checks and pay outrageous sums of money to guys who were clearly not qualified to run the Cleveland Browns. I couldn't wait for the day when someone else – *anybody* really, as long as they weren't named Randy Lerner – would come riding into town on their

big white stallion and rescue the franchise. Makes me think about another famous quote, like "Be careful what you wish for; you just might get it." I'm almost certain another wise philosopher of the modern era, Eminem, said that.

Oh, Randy, we hardly knew ye.

Now, anyone who reads this column in its pre-school years will remember that yours truly is not a big fan of current Browns owner Jimmy Haslam, basically because he seems content to write big checks and pay outrageous sums of money to guys who are clearly not qualified to run the Cleveland Browns.

Oh, Jimmy, we (wish we) hardly knew ye.

Isn't it funny how certain sentences – much like history – are doomed to repeat themselves?

Anyone who follows pro football knows that Dallas Cowboys owner Jerry Jones has long been recognized as the league's most impulsive owner, although I'd have to place Washington Redskins owner Dan Snyder (a.k.a. The Man They Named Potato Chips After) a very close second. Until now, that is. Jimmy Haslam makes Quick Draw McGraw look like he's moving in slo-mo.

I'm sure by now everyone is aware that not too long ago, a member of the Cleveland media described the trio of Mike Lombardi (R.I.P.), Joe Banner (also R.I.P.) and Mr. Pilot Flying J himself, Jimmy Haslam, as the Three Stooges. As much as I enjoy a good laugh at someone else's expense, even I had to say that comparison was highly offensive.

To the Three Stooges. ●

# Winter Programs at Bay Rec

by CARLY BANASIAK

Don't let the cold get you down. Register for Bay Rec programs that are sure to keep you warm all winter long! Register for any of our programs online at [www.cityofbayvillage.com](http://www.cityofbayvillage.com) or visit the Recreation Office, 400 Bryson Lane. Questions? Call us at 440-871-6755.

**Preschool Playtime** Spend your mornings with Bay Rec! Tumble mats, bouncing balls! A perfect opportunity to get your child out of the house, release some energy and make new friends! Parent supervision required. Monday/Wednesday/Friday, 10 a.m.-12:30 p.m.; Tuesday/Thursday, 10:45 a.m.-1 p.m. Location: Community Gym. Fee: \$2/child; \$4/non-resident.

**Creative Cupcakes** Let your child's creativity shine in this cupcake decorating class! Students will learn how to decorate

festive cupcakes for the holidays and bring their tasty artwork home to share. All supplies included. Location: Bay Lodge. Fee: \$28/session; \$43/non-resident.

St. Patrick's Day Cupcakes: Saturday, March 15, 10:30 a.m.-noon.

**After School Youth Tennis (Grades K-8)** Hold off on the homework and burn off some extra end of the day energy! Session IV: Feb. 10-March 10. Times: Mondays and Thursdays, 2:15-3:10 p.m. (Grades 3-4); 3:10-4:05 p.m. (Grades K-2); 4:05-5 p.m. (Grades 5-8). Location: Westerly School Gym. Fee: \$70; \$75/non-resident. \*\$5 discount for those who can only participate one day per week.

**Karate Do (ages 6 & up)** Students study the art representing several martial art systems. We encourage involvement of parents and children together. Saturdays, March 1-April 5. Times: 9:30-11 a.m. (advanced); 11 a.m.-12:30 p.m. (beginners). Location: Community Gym. Fee:

\$42/residents; \$62/non-residents.

**Full Body Fitness with Cathy** Join certified kickboxing, boot camp, modern Pilates, and weight training instructor Cathy DuBois for this full body workout. Class is designed to challenge YOU, at your own personal level. Wednesdays, 6:30-7:30 p.m., and Saturdays, 8:30-9:30 a.m. Location: Community Gym. Drop in Rate: \$7/class; \$8/non-resident. Punch passes available.

**Feeling Fit** Beat cabin fever with this year-round class! Increase your energy level, help lower body fat, tone your muscles and relieve stress. Times: Mondays, Wednesdays, Fridays, 9-10 a.m. Location: Community Gym. Drop-in rate: \$7/class; \$8/non-resident. Punch passes available.

**Zumba Fitness** Join the biggest dance/aerobic craze! Monday evenings, 7-8 p.m., at Dwyer Center; Thursday mornings, 9:30-10:30 a.m., at the Community Gym. Drop-in Rate: \$7/class; \$8/non-resident. Punch passes available.

**Men's Hoops** Monday evenings, 8:30-10 p.m., in the Community Gym at

the Middle School. Fee: \$5/player (\$6/non-resident). Please sign in and pay gym attendant before game begins, please bring driver's license for proof of residency. Full schedule can be found at [cityofbayvillage.com](http://cityofbayvillage.com).

**Adult Volleyball** Tuesday evenings, 7:30-9 p.m. (one court available: lower nets); 8-9:30 p.m. (one court available: normal height nets). Location: Community Gym at the Middle School. Fee: \$5/player (\$6/non-resident). Please sign in and pay gym attendant before game begins, please bring driver's license for proof of residency. Full schedule can be found at [cityofbayvillage.com](http://cityofbayvillage.com).

**Bay Village Family Aquatic Center** Summer will be here before you know it! Beat the rush and purchase your 2014 pool membership today! Register at the Recreation Department during office hours. Early Bird Special ends May 13. Bay residents only.

**Spring/Summer Programs** Our Spring/Summer booklet will be available in your mailbox and online in late March. ●

Join in at [www.wbvobserver.com](http://www.wbvobserver.com)



# Remembering when it was the 1970s calling Radio Shack

by DAN HIRSCHFELD

Making its debut during this year's Super Bowl, a new Radio Shack commercial commences with a store associate taking a telephone call from "the '80s, wanting their store back," followed by a number of iconic figures from the decade causing general mayhem while removing all of the store's contents.

After hearing some buzz surrounding that commercial I looked it up on YouTube and, being one who was a "twenty-something" throughout most of the eighties, enjoyed it quite a bit. Geeky as it may sound, that commercial reminded me of the days in the early 1970s, before earning my driver's license, when I'd look forward to any opportunity to check out what was new at Radio Shack, as well as a few long-gone area radio and electronics stores that existed back then.

The Radio Shack I found myself hanging around most often was in Elyria, just to the west of Midway Mall (before being relocated to the mall itself). While the rest of my family shopped in the mall I'd take a hike across the Route 57 overpass to the Radio Shack store nestled in a little nearby shopping plaza.

There, I'd gravitate toward the police scanners, shortwave receivers and CB radios prominently displayed on a wall near the front of the store and look at the new models with fascination (told you I was geeky).

Back in those days Radio Shack was by no means the only specialty radio and electronics store in town. There was a chain called Olson Electronics based in Akron that had several stores in the Cleveland area. The one in River Plaza was the place I'd end up while family members shopped elsewhere in the center. Olson's sold a pretty eclectic mix of radio and electronic equipment,

as well as an array of individual parts and components. (Once, while looking for a CB antenna at that Olson's store, I kind of eavesdropped on local media legend Dick Feagler as he had a detailed discussion with a sales associate regarding stereo gear.)

While I didn't find myself there as often as Radio Shack or Olson's there was another specialty retailer in our area known as Lafayette Radio Electronics, also with several stores of a nationwide chain located around Cleveland. Their North Olmsted store was on my radar scope for checking out when I got the chance.

My favorite geeky memories, though, have to be walking a mile or so from my grandmother's house in Parma to oogle over the offerings within the old Heathkit store at Ridge and Pearl roads. I'd look at all of their great electronic gear



PHOTO BY DAN HIRSCHFELD

This mobile Citizen's Band transceiver is a real icon of the 1970s. CB radios found their way into many a drive-in-classic movie of the decade.

and dream of being able to build it, let alone afford the stuff. I'd at least try to buy a radio magazine there from time to time.

That was a much different time, when more people seemed to have a fascination with radio equipment than now. A Radio Shack store from the '70s would really be like a museum today. ●

## COMMUNITY EVENTS Post your group's free community events online at [wbvobserver.com](http://wbvobserver.com)

**Wednesday, Feb. 19, 11 a.m.**

**Westlake Garden Club meeting**

Lunch will be served at noon. The program begins at 1 p.m. "Nature Journaling" will be presented by Sally Knurek, Shirley Lutts and Jean Smith. Nature journaling ranges from the scientific to creative art. Come to the February meeting and find out what it is about. All materials will be provided. For more information call 440-892-1861.

*Westlake Porter Public Library, 27333 Center Ridge Rd.*

**Wednesday, Feb. 19, 6:30-8:45 p.m.**

**Ohio Genealogical Society, Cuyahoga West**

Are you having difficulty finding your female ancestors? Cuyahoga West Chapter, OGS will be viewing an instructional video: "Finding Females in Your Family Tree." Social time, with refreshments, begins at 6:30 p.m. Program at 7 p.m. The public is invited, at no charge.

*Westlake Porter Public Library, 27333 Center Ridge Rd.*

**Thursday, Feb. 20, 1-2 p.m.**

**The Emotional and Vulnerable Brain**

This lunchtime lecture series is based on the "Charlie Rose: The Brain" series, which began airing on PBS in 2009. Attendees will watch a portion of the PBS series, and then discuss. Free and open to the public; no reservations required. Visit [www.tri-c.edu/YearOfTheBrain](http://www.tri-c.edu/YearOfTheBrain) for more information.

*Tri-C Corporate College West, 25425 Center Ridge Rd., Westlake*

**Thursday, Feb. 20, 7-8:30 p.m.**

**Eating Disorder Support Group**

Eating Disorders Anonymous has a free support group every Thursday night from 7-8:30 p.m. This support group follows the 12-step AA model and is open to anyone with an eating disorder and desire to change. For more information, call 440-892-7034, ext. 207.

*25000 Center Ridge Rd., Suite 6, Westlake*

**Friday, Feb. 21, 11:30 a.m.-1 p.m.**

**Stay In Control When Your Child Is Out of Control**

Parents and caregivers will learn about stress and coping strategies using role-play scenarios and hands-on stress-buster activities. Participants will also identify stress triggers and increase their awareness of the symptoms of stress overload. Childcare is provided but space is limited. To reserve a spot for your child, email [info@connectingforkids.org](mailto:info@connectingforkids.org).

*Westlake Porter Public Library, 27333 Center Ridge Rd.*

**Friday, Feb. 21, 3-4 p.m.**

**"Winter's Almost Over" Happy Hour**

Join us for a special Friday Happy Hour, with wonderful music, delicious hors d'oeuvres and community tours. Free and open to the public. Please call 440-871-3474 to RSVP.

*Bradley Bay Assisted Living, 605 Bradley Rd., Bay Village*

**Saturday, Feb. 22, 9:30-11:30 a.m.**

**LWV-Bay Village Chapter meeting**

Dave Greenspan, Cuyahoga County Council member, will speak about the current state of county government, followed by Q&A. We will also vote on a formal position on write-in candidates for city offices. The public are always welcome.

*Bay Village Branch Library, 502 Cahoon Rd.*

**Saturday, Feb. 22, 4:30-6 p.m.**

**Free Community Meal**

Good food, warm fellowship and conversation! All are welcome, the church is accessible to the physically challenged, no carry outs.

*Clague Road UCC, 3650 Clague Rd., North Olmsted*

**Sunday, Feb. 23, 2-4 p.m.**

**Bay Citizen/Project of the Year Reception**

A reception honoring Doris Gorgas, the Bay Village Community Council's 2014 citizen of the year,

and the Village Bicycle Cooperative, the group's project of the year. A short presentation will be held at 3 p.m. Refreshments will be provided by the Bay Village Community Council. All are invited and welcome to attend.

*Bay Lodge, 492 Bradley Rd.*

**Monday, Feb. 24, 11:30 a.m.**

**The Healing Power of Plants**

Robert Rensel of the Cleveland Botanical Gardens will discuss how gardens can improve out health. Learn what research has revealed about our connection with the natural world and its power to restore balance and health in our lives. Luncheon served: \$5 fee for guests. Please register at [bayvillagegardenclub.com](http://bayvillagegardenclub.com) or call 440-871-8575.

*Bay Community House, 303 Cahoon Rd.*

**Tuesday, Feb. 25, 6:30-7:30 p.m.**

**Hypnosis for Those Touched by Cancer**

A helpful tool for stress management, anxiety and sleep issues. Advance registration required by calling 216-595-9546.

*The Gathering Place West, 800 Sharon Dr., Westlake*

**Wednesday, Feb. 26, 6 p.m.**

**Bay Fireworks Committee Meeting**

Efforts continue by a small group of dedicated Bay Village volunteers to raise money for the city's Fourth of July fireworks display. All those interested in helping this friendly group brainstorm fundraising ideas are invited to attend our informal meetings.

*Bay Village City Hall conference room, 350 Dover Center Rd.*

**Wednesday, Feb. 26, 6:30-8:45 p.m.**

**Embroiderers' Guild of America, North Coast**

The members will be working on a needlework project taught by one of the members, Mike Farmer. Please feel free to join us to meet fellow

stitchers and to have fun.

*Westlake Porter Public Library, 27333 Center Ridge Rd.*

**Friday, Feb. 28, 7-9:30 p.m.**

**LWV-Bay Village Chapter Mardi Gras party**

Dinner & drinks on you; dessert & coffee on the League of Women Voters. Prospective members are always welcome! Reservations to Conda Boyd at 440-899-2987 by Mon, Feb 24.

*Greenisland Restaurant, 25517 Eaton Way, Bay Village*

**Saturday, March 1, 2:30-3:30 p.m.**

**Hot Cocoa Fundraiser**

A fundraiser for the Lake Erie Nature & Science center, hosted by the Bay Village student-led environmental group, the Lake Erie Green Team.

*544 Kenilworth Rd., Bay Village*

**Tuesday, March 4, 7-8 a.m.**

**Le Mieux Networking Group**

Breakfast meeting for professionals to exchange leads. Meets every other Tuesday at Joe's Deli. There is only room for one person from each profession so sign up soon or you may not be eligible. Call Karry Trotter at 440-539-6840 or email [karry.trotter@bankers.com](mailto:karry.trotter@bankers.com).

*Joe's Deli, 19215 Hilliard Blvd., Rocky River*

**Wednesday, March 5, 1-2:30 p.m.**

**Free Family History Research Help Session**

If you need help getting started or have come to a "road block" in your path to finding your ancestors, members of Cuyahoga West Chapter of the Ohio Genealogical Society will volunteer their time and talent to assist you, at the computer terminals. Please bring a copy of your pedigree chart and/or relevant family records.

*Westlake Porter Public Library, 27333 Center Ridge Rd.*

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